

13-18 Months



Toddlers will mimic your actions by flipping pages of a book and babbling at the images on the page.

Activity: Put their favourite books in easy reach of the toddler when they are at play and watch as they pretend to read.

Toddlers are learning to communicate with basic gestures, such as shaking their head for “no” or waving hello.

Activity: When a toddler uses their gestures, say the words out loud for them. For example, if your baby shakes their head at their cup, say, “No, you don’t want your milk?”.

At this age, your toddler will be able to do their first scribbling with crayons or pencils, which is the beginning of early writing skills.

Activity: Put suitable materials for drawing in your toddler’s play space, such as thick crayons and paper, and doodle with them as you tell them a story.

Toddlers are beginning to be able to follow basic instructions at this stage.

Activity: Give your toddler simple, one-part directions, such as “Kiesha, find your shoes”.

