

6-12 Months



At this age, babies start responding to books more actively, by making noises and patting the pictures.

Activity: Read your baby books that contain pictures of other babies, or which have a mirror in them, such as the Baby Ways book that comes as part of our package.

Babies learn to communicate by looking at expressive faces and hearing voices.

Activity: Read stories that contain simple words like “Yes” or “No” and nod or shake your head to match the words. If your baby touches a simple object, like your nose, say “Yes, that’s my nose”.

When babies bounce and dance around to music, or they grab onto crayons or toys, they are learning hand movements and strengthening core muscles.

Activity: Play music often for your baby or take them to your local library’s free Rhyme Time session.

Babies at this stage are just learning that things continue to exist even when they can’t see them.

Activity: Play peekaboo with your baby, making sure to cover your eyes, not the baby’s!

