



What if English isn't my first language?

No problem. Talk and play with your child in the language you feel most comfortable with. Your baby's brain is highly elastic; An Acta Paediatrica study on language experienced in utero determined that babies can tell the difference between languages days after they're born.

Activity: Rhyme Time sessions at your local public library are a fun and free way to expose your baby to English. Or play nursery rhymes in both English and your first language. Don't be afraid to switch between two languages; your baby will be fine.

The activities in this site will set your child up with good literacy skills, no matter what language you use. Learning to read in one language will help a child learn to read in another.

Activity: Read picture books in your preferred language. If you have older children, encourage them to read to baby. This will help both your children learn and bond together.

For more information about bilingual families, check out the Raising Children website. Search using the key word 'bilingual'.

