

4-5 Years

At this age your child will start experimenting more with different words and sounds.

Activity: Play with the sounds in simple words like 'bat', take away the 'b' sound and replace it with 'k' sound for cat. Ask your child if they can think of other simple words they can change the word to, like 'mat'.

Children at this age will start writing their own name from memory.

Activity: Write the letters of their name on a peg (have some blank pegs as well). Attach the pegs to a piece of paper and ask your child to copy their name. Once they have done that a couple of times, remove a letter and replace it with a blank peg, ask your child to write their name from memory. Each time remove a lettered peg and replace it with a blank peg until your child has mastered remembering how to write their own name. There is no need to rush this activity. Do it in your own time.

Many children can draw shapes and simple pictures that you'll be able to recognise.

Activity: Encourage them to create artwork for family members and friends as gifts.

Many four – five year olds are starting to be able to follow complex directions.

Activity: Start playing Simon Says, building multiple steps into the instruction. For example, "Simon Says, turn around and touch the ground, touch your nose then nod your head". Make sure you say them slowly and repeat the directions if need

