

October

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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| Better Beginnings at Home Like and follow Better Beginnings on Facebook for more ideas based on the activities suggested in this calendar. | | <i>Children's Book Week is 17-23 October. Most of the books recommended this month are the shortlisted books from the Book of the Year: Early Childhood category of the Children's Book of the Year Awards and some of the books previously awarded in this category.</i> | | 1 Read <i>We're Stuck!</i> By Sue deGennaro, shortlisted for Book of the Year: Early Childhood, 2020. | 2 Have fun at the park! Climbing and swinging helps develop the upper body strength needed for writing. | 3 Read shortlisted book <i>One Runaway Rabbit</i> by David Metzenthén. |
| 4 Story Sunday: Read shortlisted book <i>Bat vs Pass</i> by Alexa Moses. | 5 Let your baby look at themselves in a mirror. Ask them, who they see! | 6 It's Singalong Tuesday! Read a singable book like <i>A Banana is a Banana</i> by Justine Clarke. | 7 Threading activities are a fun way to help little hands get ready to write. | 8 Read shortlisted book <i>When Billy Was a Dog</i> by Kirsty Murray. | 9 Scarves are fun to play with. Wave them to music or throw them up in the air! | 10 Read <i>Ten Little Fingers and Ten Little Toes</i> by Mem Fox on the 10th day of the 10th month! |
| 11 Story Sunday: Read the shortlisted book <i>My Friend Fred</i> by Frances Watts. | 12 Before you read a new book together, talk about what's on the cover. | 13 It's Singalong Tuesday! Sing "Polly Put the Kettle On". | 14 Rip and crumple coloured paper and use the pieces to collage a picture. | 15 Read the shortlisted book <i>Goodbye House, Hello House</i> by Margaret Wild. | 16 The Children's Book of the Year Awards are announced today! | 17 When you go shopping, talk about the tools you use to make the task easier. |
| 18 Story Sunday: Read <i>Tricky's Bad Day</i> by Alison Lester, winner of the Book of the Year: Early Childhood, 2019. | 19 How many words can you think of that rhyme with "dip"? | 20 It's Singalong Tuesday! Sing "Three Little Speckled Frogs". | 21 Share an alphabet book together. | 22 Read <i>Heads and Tails: Insects</i> by John Canty, Honour Book, Book of the Year: Early Childhood, 2019. | 23 Use your library card to log on to Busy Things via the Better Beginnings website. | 24 Use blocks to build a tower. Use a ruler or measuring tape to measure how tall your tower is. |
| 25 Today is Grandparents Day! Read <i>When Grandma Gives You a Lemon Tree</i> by Jamie L.B. Deeihan. | 26 What things in your house start with the letter "s"? | 27 It's Singalong Tuesday! Say the rhyme "The Moon is Round". | 28 Sticker fun! Make art with stickers. | 29 Read <i>Here Comes Stinkbug!</i> By Tohy Riddle, Honour Book, , 2019. | 30 Eye spy, with my little eye, something that is coloured orange. | 31 Read <i>Scary Night</i> by Lesley Gibbs. |