


SEPTEMBER

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Better Beginnings at Home Like and follow Better Beginnings on Facebook for more ideas based on the activities suggested in this calendar.</p>		<p>1 Sing-Along Tuesday! Say the rhyme "Criss Cross Apple Sauce".</p>	<p>2 Today is Indigenous Literacy Day, a celebration of Indigenous language and literacy.</p>	<p>3 Read together for at least 10 minutes every day.</p>	<p>4 Read <i>Jump and Shout</i> by Mike Dumbleton. Do some of the actions in the book: jump, wave, run, clap and climb.</p>	<p>5 Which animals do you know that are nocturnal? Talk about animals that are most active at night.</p>
<p>6 Story Sunday: Read <i>My Superhero</i> by Chris Owen.</p>	<p>7 Point out and talk about connections between the books you read and your child's real life.</p>	<p>8 Sing-Along Tuesday! Sing "Make Your Hands Go Clap, Clap, Clap".</p>	<p>9 Eye spy with my little eye things that start with "T". How many can you find?</p>	<p>10 Black and white books are perfect to share with newborns because new babies can't see colours.</p>	<p>11 Pretend to be a ballerina and dance to classical music. Don't forget to point your toes!</p>	<p>12 What types of plants are growing in gardens around you? Take a walk and observe the plant life around you.</p>
<p>13 Story Sunday: Read <i>Counting Aussie Animals in My Backyard</i> by Bronwyn Houston.</p>	<p>14 Talk about which fruits are big and which are little while you shop.</p>	<p>15 Sing-Along Tuesday! Think of a song or rhyme from your childhood that you can teach to your child.</p>	<p>16 Draw a road map and drive toy cars on it! Vroom!</p>	<p>17 Read <i>The Wonderful Wisdom of Ants</i> by Philip Bunting.</p>	<p>18 Play an action game like "Everybody Clapping". Ask your child to choose some actions too!</p>	<p>19 Today is 'Talk Like a Pirate Day!' Read <i>The Pirates are Coming</i> by John Condon.</p>
<p>20 Story Sunday: Read <i>Lots: The Diversity of Life</i> by Nicola Davies</p>	<p>21 Play a rhyming game. I say sun, you say run. I say mat, you say...?</p>	<p>22 Sing-Along Tuesday! Say the rhyme "Ten Red Apples".</p>	<p>23 Make a paper placemat for each family member. Use them at dinner time!</p>	<p>24 Read <i>Found</i> by Bruce Pascoe and Charmaine Ledden-Lewis.</p>	<p>25 Help your child to arrange her favourite toys in order from shortest to tallest.</p>	<p>26 Make a cake. Observe the mixture before and after putting it in the oven.</p>
<p>27 Story Sunday: Read <i>Spinifex Mouse</i> by Norma MacDonal.</p>	<p>28 Look out for interesting words today in books you read together.</p>	<p>29 Sing-Along Tuesday! Sing "Three Fat Sausages".</p>	<p>30 S is for spots and for stripes. How many spotty and stripy animals can you name?</p>		<p><i>Books, rhymes and songs are suggestions only. Substitute any titles you can't find or songs you don't know with books, rhymes and songs that you already love.</i></p>	