



APRIL 2021

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Better Beginnings at Home Like and follow Better Beginnings on Facebook for more ideas based on the activities suggested in this calendar.		<i>Books, rhymes, and songs mentioned here are suggestions only. Substitute any titles you can't find or songs you don't know with books, rhymes, and songs that you already love.</i>		1 Write Spread salt on a tray and use fingers to write and draw in it.	2 Play Build the first letter of your child's name out of blocks.	3 Read Story Saturday! Share an alphabet book!
4 STEM STEM Sunday! Read <i>What Will Hatch</i> by Jennifer Ward.	5 Read Cuddle with your baby as you read to them. Even tiny babies are learning from hearing you read.	6 Talk Describe the shape and colours of the toys that your child plays with today.	7 Sing Sing-along Wednesday! Sing the "Alphabet Song" together!	8 Write Use tongs or tweezers to transfer objects between containers.	9 Play Act out a favourite story. This can help children to understand how stories work.	10 Read Story Saturday! Read <i>Draw Me a Star</i> by Eric Carle.
11 STEM STEM Sunday! Read <i>Do Not Lick This Book</i> by Idan Ben-Barak.	12 Read Read <i>Family</i> by Aunty Fay Muir and Sue Lawson.	13 Talk When you do the washing, talk about the shape of the washing machine and basket.	14 Sing Sing-along Wednesday! Sing "B.I.N.G.O" together!	15 Write Children need lots of practice to master scissor skills. Cut out simple shapes.	16 Play Play with alphabet or shapes jigsaw puzzles!	17 Read Story Saturday! Read <i>Color Zoo</i> by Lois Ehlert.
18 STEM STEM Sunday! Read <i>Can You Find Me?</i> by Gordon Winch.	19 Read Read <i>Brother, Sister, Me and You</i> by Mary Quattlebaum.	20 Talk Everywhere you go, talk about what you see and what your baby is looking at.	21 Sing Sing-along Wednesday! Sing "Twinkle, Twinkle, Little Star".	22 Write Make pictures out of shapes.	23 Play Play Simon Says and use words such as back and front, up and down	24 Read Story Saturday! Read <i>Dog's Colorful Day</i> by Emma Dodd.
25 STEM When a child asks lots of "why?" questions, they are being scientists. Use the library to discover new facts together.	26 Read Visit your library and look for a book that is shelved under the same letter as your child's first name starts with.	27 Talk Point out shapes of food on your child's plate or around the kitchen or dining area.	28 Sing Sing-along Wednesday! Sing "Two Little Hands".	29 Write Make and decorate a mailbox together. Write, post, and deliver notes to family members!	30 Play Play sorting games. Sort by shape or colour or size.	

*In Australia, the current recommendation is for no more than 2 hours of screen time per day for children, with screen time not recommended for children under 2 years.