




# MAY 2021



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| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  |
|---|---|---|---|--|--|---|
| <b>30 STEM</b><br>Have fun blowing bubbles! Look at the colours of the bubbles and observe what makes them pop.     | <b>31 Read</b><br>3-5-year olds love factual books on interesting topics and funny and silly books are often favourites.                              | Like and follow <b>Better Beginnings</b> on Facebook for more ideas based on the activities suggested in this calendar. |    | <i>Books, rhymes, and songs mentioned here are suggestions only. Substitute any titles you can't find or songs you don't know with books, rhymes, and songs that you already love.</i> | <b>1 Read</b><br>Story Saturday! Read a lift the flap book.  |   |
| <b>2 STEM</b><br>Find ways to explore all five senses with your child today: taste, touch, sound, smell, and sight. | <b>3 Read</b><br>When choosing books for your young child, select books that you think are interesting to them AND that YOU like!                     | <b>4 Talk</b><br>Make conversation with your child a two-way street. Take time each day to listen to and talk together. | <b>5 Sing</b><br>Share a song or some words you know in another language with your child.                                     | <b>6 Write</b><br>Ask your child to draw pictures of each of your family members.  | <b>7 Play</b><br>Provide toys or objects that represents scenes from books you have just read.                       | <b>8 Read</b><br>Story Saturday! Get ready for Mother's Day by reading "Mummy Days" by Sue deGennaro. |
| <b>9 Mother's Day</b><br>Pat your head, rub your tummy, touch your toes and hug your mummy!                         | <b>10 Read</b><br>Board books with bright clear pictures are great for babies.  | <b>11 Talk</b><br>Ask your child "What if" questions.   | <b>12 Sing</b><br>Sing any songs you know that are about kangaroos!   | <b>13 Write</b><br>Try painting with cotton tips today.  | <b>14 Play</b><br>Find out about and join Rhyme Time and Story Time programs at your public library.                 | <b>15 Read</b><br>Story Saturday! Read a touch and feel book.   |
| <b>16 STEM</b><br>Build a tower today! Your tower might be made from blocks, play dough, mud, or boxes.             | <b>17 Read</b><br>When choosing books for 1-2-year olds, look for books about familiar experiences, books with flaps and books with repeated phrases. | <b>18 Talk</b><br>Encourage your child to join in with any repeated phrases in books that you read together.            | <b>19 Sing</b><br>Today is National Simultaneous Storytime! Read "Give Me Some Space!" by Philip Bunting.                     | <b>20 Write</b><br>Have fun squeezing eye droppers to add food colouring to water.   | <b>21 Play</b><br>Include board books in your baby's toy box and encourage them to play with them.                   | <b>22 Read</b><br>Story Saturday! Read a story book about books and reading.                          |
| <b>23 STEM</b><br>Look for triangle shaped things today – how many can you find at your house?                      | <b>24 Read</b><br>Two-year olds love books that reflect their experiences, have humour and repeated rhymes and phrases.                               | <b>25 Talk</b><br>When reading a book, talk to your child about how the story relates to their life.                    | <b>26 Sing</b><br>If your child won't sit still for a story, try singing a song that they enjoy before trying the book later. | <b>27 Write</b><br>Gather some family photos into a small album and share family stories with your child.  | <b>28 Play</b><br>Play libraries! Gather some favourite books and help your child make library cards for their toys. | <b>29 Read</b><br>Story Saturday! Read a story book set in a library.                                 |